

# ENLIGHTENMENT : THE OUTSIDE-INSIDE JOB

Enlightenment cannot be reached if the reality of both worlds (inside - outside) does not appear AS IT IS  
Both realizations can be achieved at the same time but it is usual to have 2 or 3 steps to complete a difficult process  
And whilst the split of inside outside is a little simplistic, it covers roughly those 2 areas when realization happens at separate times

Both answer the same question : how does that world REALLY works ?

When fully realized, one can grasp and understand the connections between events, between people or inside oneself  
This gradually appearing picture creates a great comfort, a neutrality and the understanding that for each painful detachment of an existing factor there is a gain coming a few weeks or months later, an accepted loss is the promise of the shiny new field of reality as it is

