

ABOUT THE DEFINITION OF POWER : DID WE MISUNDERSTAND IT ?

WRONG DEFINITION OF POWER

USE POWER TO DEPLOY ONE FORM OF DOMINATION OVER OTHERS AND DIVISION

- Physical power
- Emotional power
- Psychological power
- Military power
- Political power
- Family power
- Managerial power
- Any type of external control

CORRECT DEFINITION OF POWER

USE POWER AS A LEVERAGE TOOL OF ABILITIES

- Yes all above are possible, used as leverage, this is a free choice

This extends to other means and leverage tools, ignored because seen as weak

- Meditation or meditative activities have power to leverage us
- Compassion, Care and Love have power to leverage us
- Creativity and art have power to leverage us
- Music, Nature and Other humans, all those have power to leverage us

Individuals "without" power need to realize the power leverage they can have using soft abilities. It is accessible to all of us, all the time, anywhere.

Usually the soft abilities do not generate power directly, but the practice of them will place us in changed circumstances, which are the perfect base for applying leverage