

DEFINING SELF LOVE...				...AND LOVE OF OTHERS
EGO VIEW		LOVE VIEW		LOVE VIEW
I LOVE MYSELF IN AN EGO WAY	I LOVE MYSELF FOR MY ACHIEVEMENTS	I LOVE AND CARE FOR MY CHILDREN	I LOVE MYSELF AS I WOULD CARE FOR MY CHILDREN	I LOVE OTHERS AS I WOULD CARE FOR SELF OR CHILDREN
I would do anything to protect myself including getting from others taking from others, no matter what	I need to fight against my bad habits addictions I have, even if people around have to pay a price I am also paying a price for changing	I can have bad habits but I do not want my children to have them because I love them and I care about them	The reason I would leave bad habits is that I love myself as I would want to care and to protect a child with compassion and self love	I understand the situation of others I am compassionate at their difficulties on their journey I offer presence, assistance and understanding, but the result depends on them
FEAR BASED		LOVE BASED		UNIVERSAL LOVE BASED

